## Supervised Halloween Kids Event at The Castle 2021

## GENERAL INFORMATION

Climbing has many benefits including the development of teamwork, self-confidence, trust, motivation and increased levels of fitness. It also encourages participants to cope with fear and stress in a positive manner and promotes both self-reliance and responsibility for others. Information about the session booked including the time/date, any pre-requisites, course syllabus and outcomes is on our website as well as in the booking confirmation received by the person that made a booking.

## **RISKS**

Participation Statement: All climbing activities have a risk of serious injury or death. Participants must recognise that even if they follow all good practice there may still be the risk of accident and injury. It is the responsibility of the participant to adhere to the conditions of use. As with all sporting activities, injuries are possible in climbing and might be sustained despite the safety systems in place.

The climbing centre is a busy environment. It is very important that spectators, especially other children, do not go into climbing areas where they may be in the landing zone of another climber. Just as it is the responsibility of spectators to ensure their own safety while in the centre, it is the responsibility of a parent/guardian to ensure the safety of their child when they are not under direct supervision of an Instructor/Coach.

If required, emergency first aid will be administered by a qualified member of the Castle staff (most likely our Duty Manager).

Halloween Agility Course: This course will involve crawling, jumping and other impact activities to test a child's strength and agility. It is an active course involving similar safety risks to playground equipment use. There will be an element of climbing movement involved. Although the climbing centre is an artificial environment the risks involved are no less serious than when climbing outside on a crag or mountain. For example, there is a risk that bolt on holds can spin or break causing climbers to fall unexpectedly. In places there is matting underneath, but this does not make the activity safe. Broken and sprained limbs are common. Sessions are supervised by a qualified, experienced Castle Instructors and Coaches. Climbers should never belay, climb or boulder without the permission of their Instructor/Coach. They must remain with their Instructors/Coach at all times and follow directions given.

**Garden Treasure Hunt:** The Castle garden is a working permaculture garden, not a children's playground. Children need to be supervised by a responsible adult at all times whilst completing the treasure hunt. You need to be aware of uneven surfaces, trip hazards, and working equipment around the garden such as our composter and other garden tools. You must not climb on the outdoor boulders during this session. In the wet, surfaces may become muddy and slippery and adequate care should be taken to prevent falls by dressing appropriately in flat comfortable shoes. We also recommend a coat in case of poor weather.

**Café Crafternoon:** The Castle Café is a warm welcoming environment. Hazards are few, but please be aware that children should be supervised and hot food and drink is served. All included food (sweets in the goodie bags) will be vegan. Other allergy information is available on request from the Café staff.